

University of Minnesota

Assent to Participate in Research Ages 8-11

Title of Research Study: Ten Thousand Families Study (STUDY00000877)

Investigator Team: Jenny N. Poynter, PhD , Principal Investigator

Researcher Name: Jenny N. Poynter, PhD Department of Pediatrics Phone Number: 612-626-2902 Email Address: poynt006@umn.edu	Study Staff (if applicable): Andrea Hickle, MPH Phone Number: 612-301-2726 Email Address: TenKFS@umn.edu Version: September 20, 2023
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Who is paying for the study? The project is paid for by the National Institutes of Health, the University of Minnesota Masonic Cancer Center, the Coordinating Centers for Biometric Research, and the University of Minnesota Academic Health Center.

What is health research?

Research is a part of science. Researchers make guesses about how the world works and then test the guesses. The goal is to learn new things about our world. Health research is research with the goal of learning more about sickness and health. Health researchers try to keep people well and to make life better for people who are sick.

Why am I being asked to do the study?

Researchers want to learn why some people get sick and other people stay healthy.

What should I know about being in a study?

It is up to you if you want to be a part of this study. You do not have to do it. You can ask all the questions you want before you decide. You can change your mind later if you want. If you decide you do not want to do it, no one will be mad at you.

Why is this research being done?

In this study, we want to find out more about staying healthy.

How long will the research last?

The 10,000 Families Study will go on for a long time. You can be in the study for as long as you want to.

What happens if I say “Yes, I want to be in this research”?

If you say yes then we will do the following:

- Measure your body.
- Ask you to wear a wristband for 7 days and mail it back to us.
- Collect some hair, fingernails or toenails from you.
- Collect some saliva (also called spit) from you.
- Collect from you some urine (also called “pee”)
- We may measure your hand strength and check your hearing and heart

Is there any way being in this study could be bad for me?

We will ask one of your parents to answer some questions about you. Some questions might seem embarrassing.

What happens to the information collected for the research?

The material will be locked in a safe place. The only people allowed to see the material are those working on the study.

Who can I talk to?

For questions, you can call the study team at:

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To reach the research team: Please see the “Investigator Contact Information” section above.

To reach someone outside of the research team: This research has been reviewed and approved by an Institutional Review Board (IRB), a group of people that look at the research before it starts. This group is part of the Human Research Protection Program (HRPP). To share concerns privately with the HRPP about your research experience, call the Research Participants’ Advocate Line at [612-625-1650](tel:612-625-1650) (Toll Free: 1-888-224-8636) or go to z.umn.edu/participants. You are encouraged to contact the HRPP if:

- Your questions, concerns, or complaints are not being answered by the research team.
- You are having difficulty reaching the research team.
- You want to talk to someone besides the research team or your parents.
- You have questions about your rights as a research participant.
- You want to get information or provide feedback about this research.

Signature Block for Child Assent

Signature of child

Date

Printed name of child

Printed name of person obtaining assent

Date

Signature of person obtaining assent